

Úroveň fyzické aktivity u dospělých osob dle druhu aktivity a doby trvání aktivity ve vybraných státech Evropy

Metodologie a reference

Metodologie - vlastní zpracování na základě dat

- 1 Eurostat 2022
<https://ec.europa.eu/eurostat/databrowser/bookmark/ea698f65-80bd-4d2f-b540-394e3f4a7dca?lang=en>
- 2 Eurobarometer 2022
<https://europa.eu/eurobarometer/surveys/detail/2668>

Další reference:

- 1 WHO: Global status report on physical activity 2022
<https://iris.who.int/bitstream/handle/10665/363607/9789240059153-eng.pdf?sequence=1>
- 2 WHO: Physical activity, 2022
<https://www.who.int/news-room/fact-sheets/detail/physical-activity>
- 3 WHO: Physical activity profile - Czechia 2022
https://cdn.who.int/media/docs/default-source/country-profiles/physical-activity/physical-activity-cze-2022-country-profile.pdf?sfvrsn=a783ad4a_5&download=true
- 4 OECD: Physical activity in Europe: Trends and patterns
<https://www.oecd-ilibrary.org/sites/1d229f1f-en/index.html?itemId=/content/component/1d229f1f-en>
- 5 Eurostat: Health-enhancing physical activity statistics, 2022
https://ec.europa.eu/eurostat/statistics-explained/index.php?title=health-enhancing_physical_activity_statistics&oldid=412724#Non-work-related_physical_activity